



#### Mississauga Branch

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Charitable Registration No.: 10802 2237 RR0001

### FOR IMMEDIATE RELEASE

**Support from its Volunteers – Invaluable to St. John Ambulance - Mississauga, ON – March 2008** – Like many non-profit organizations in the City of Mississauga, St. John Ambulance depends on the dedicated support of its committed volunteers. Without the help of these members, the programs offered to the community would not be the growing success that they are.

Coming from all walks of life, volunteers may be parents or retirees, full-time, part-time or shift workers, and very often, students. No matter what they do, it's their generous contribution that helps us maintain essential services throughout the City.

It is recognized that the benefit of volunteering is two-fold. Volunteering is a great way to enhance or fill a void in employment history. The skills earned are transferable and establish the potential employee as a dedicated individual, willing to participate in a program with no monetary reward but with the satisfaction of knowing that they are contributing to the wellbeing of an organization and the people who depend on it.

For St. John Ambulance in Mississauga, the Therapy Dog, Car Seat, Youth Group and Medical First Response Programs are areas in which the volunteer section is continually growing. St. John Ambulance has over 260 volunteers dedicated more than 25,000 hours a year to supporting these programs. Visits by dogs and handlers of the Therapy Dog Program provide laughter and companionship to residents of Long Term Care Facilities. The Car Seat volunteers teach parents how to install car seats correctly, thereby saving the lives of the youngest members of our community. Volunteers dedicated to ensuring a healthy lifestyle and to building confidence in children ages 6 to 18 run the St. John Ambulance Youth Group. Medical First Response is always on hand, providing first aid in emergencies at numerous events throughout the city. As well members of the ECSpeRT team at the University of Toronto, Mississauga Campus is devoted to providing a safe environment for residents at the University.



The devotion and dedication of our volunteers is priceless. Without them, we would be unable to offer these valuable programs to the citizens of Mississauga.

**For more information on St. John Ambulance community services, training programs or volunteer opportunities, please call 905-568-1905 or visit our web site at [www.sja-mississauga.ca](http://www.sja-mississauga.ca).**

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***St. John Ambulance is dedicated to improving the health and the safety of the community through training and community service.  
Saving lives – at work, home and play.***

