



Mississauga Branch

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First Aid in the Workplace – IT'S THE LAW

Mississauga, Ontario, March 5, 2009 - As Canadians, we all have the right to work in a healthy and safe environment. The Occupational Health and Safety Act sets out the rights and duties of all parties in the workplace. The role of properly trained workplace health and safety committees cannot be understated. Prevention is key. It is the responsibility of the employer to ensure employees are working in an environment that will protect them from injury.

Each year close to 350 Ontario workers lose their lives from work-related injuries.

Of those, on average 10 are between the ages of 15 to 24 years of age.

Every year, serious injuries and deaths occur in our City. Quick response by properly trained and equipped employees, with the skills to recognize and provide intervention for life-threatening emergencies, has often made the difference between life and death, proving invaluable until medical help arrives on the scene. It is especially important that young people know about their rights and responsibilities in the workplace now, as thousands of young workers are set to begin summer jobs across the province.

It not only makes good sense to provide first aid facilities and training in the workplace, it's the law.

In Ontario the Occupational Health and Safety Act and Workplace Safety Insurance Board (WSIB) Act contain regulations relating to First Aid Requirements, known as Regulation 1101.

As an organization that has been assisting Canadians for over 125 years, St. John Ambulance offers employers world class training for their employees. Beyond the mandatory First Aid - WHMIS, CPR and AED (Automated External Defibrillation) training is also available, covering such topics as choking, shock and unconsciousness, cardiovascular emergencies, severe bleeding and poisoning. All courses must be renewed every three years in order to remain current and to enable the employee to feel confident enough to use that training when and if it should ever be required. St. John Ambulance will structure classes and



course content to the individual needs of an organization. Courses are available in the workplace or in one of the up-to-date classrooms available on site at the St. John Ambulance, Matheson Blvd. location in Mississauga. All courses meet the Workplace Safety and Insurance Board (WSIB) requirements and the Canada Labour Code.

St. John Ambulance has an extensive list of supplies and equipment available for the workplace including AED and assorted First Aid Kits, which meet or exceed all federal and provincial occupational health and safety regulations.

For more information on St. John Ambulance community services, training programs or volunteer opportunities, please call 905-568-1905 or visit our web site at www.sja-mississauga.ca.

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St. John Ambulance is dedicated to improving the health and safety of the community through Training and community service. Saving lives – at work, home and play.

