

E-Learning First Aid Training



St. John Ambulance

SAVING LIVES
at work, home and play



St. John Ambulance is offering a new way to do your first aid training - through E-Learning. This training has two components - theory and practice. You will learn all the theoretical content necessary for Standard First Aid certification on-line, prior to attending a practical session.

E-Learning is ideal for visual learners and those who are comfortable with using computers as a learning tool. For employees who have never taken first aid before, we recommend they take a traditional two-day first aid program before taking the E-Learning style. First time learners do benefit from the immediate availability of an Instructor to answer their questions on first aid theory topics.

Whether you take Standard First Aid & CPR through the traditional classroom method, or by E-Learning, you will receive a certificate valid for three years upon successful completion. This learning format has been approved by the Workplace Safety and Insurance Board (WSIB).

Standard First Aid CPR & AED Blended Learning

Course Content:

- Emergency Scene Management
- Shock, Unconsciousness & Fainting
- Choking - Adult
- AED (Automated External Defibrillation)
- Cardiovascular Emergencies & One Rescuer CPR - Adult
- Severe Bleeding
- Secondary Survey
- Medical Conditions
- Bone & Joint Injuries
- Head/spinal and Pelvic Injuries
- Chest Injuries
- Wound Care
- Multiple Casualty Management
- Rescue Carries
- Eye Injuries
- Burns Poisons, Bites & Stings
- Heat & Cold Emergencies

HOW DOES IT WORK ?

- 1 - two or three weeks prior to scheduled 1-day Instructor Practical session we will send you an e-mail with a password and log-in instructions to the first aid theory program.
- 2 - Once you are logged in, you will be required to work through the Standard First Aid modules - as shown. You will have 2 weeks to complete the on-line component. You may sign in and out until all modules are completed.
- 3 - The one-day practical session with an Instructor may be held at our location or yours. We require a group of 10 or more students to set up the course at your location.

All proceeds from courses go to support health and safety programs in the community.

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