

# AED Equipment and Training Courses



St. John Ambulance

**SAVING LIVES**  
at work, home and play

## Automated External Defibrillators in the Workplace

An AED is a small, portable device that analyzes the heart's rhythm and prompts the user to deliver a defibrillation shock if it determines one is needed. Once turned on, the AED guides the user through each step of the defibrillation process by providing voice and/or visual prompts.



AEDs are specially designed for easy use by a “first responder”, who would be the first person to typically arrive on the scene of a medical emergency. A first responder can be an emergency medical services worker, a firefighter, a police officer or a layperson with AED training.

“Time-to-defibrillation”, the most critical factor in sudden cardiac arrest (SCA) survival, can be reduced if an AED is “on-site” and can be brought to the casualty quickly. This is one of the reasons that survival rates have improved in communities with active AED programs. Remember, every minute that passes before defibrillation reduces survival rates by 7-10 percent.

The goal is to improve survival rates. On-site AEDs in the workplace can make a difference!

St. John Ambulance has a 4-step process of integrating AEDs for the workplace:

1. Planning - We will work with you to assess your workplace AED Equipment and Training requirements.
2. Equipment Placement - We will assist you with the selection of your AED equipment and provide advice on appropriate location to mount it.
3. Implementation - Involves delivery of training to employees in the workplace, certification, re-certification and ongoing knowledge updates.
4. Continuing Support and Service - This stage involves post sudden cardiac event service including downloading and clinical reviews. Should a cardiac event occur, we will provide advice and assistance with the transfer of information to medical authorities.

## AED Training and Certification:

This course is offered in private course format. Training is designed for people who have previously been trained in Level A CPR (Heartsaver). Students will review CPR techniques, receive training on the AED Unit, participate in practical exercises, and receive certification for one year. For more information, or to schedule a private AED course please call us at: 905-568-1905.

Tel: 905-568-1905

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